

Nutrison Multi Fibre

A ready-to-use, nutritionally complete, enteral tube feed enriched with fibre

Features

- 1kcal/ml & 40g protein per 1000ml
- Fibre enriched, MF6* fibre patented blend, 15g per pack, to help maintain normal bowel function
- Enriched with fish oils providing DHA/EPA**
- Contains medium chain triglycerides (MCT) for easier fat absorption
- An improved protein blend in line with WHO 2007 guidelines¹
- Whey protein dominant supporting gastric emptying and tolerance
- Enriched with carotenoids reflecting general health recommendations for its antioxidant properties and positive effect on immune function
- Gluten and Lactose Free
- Halaal certified

Indications

For the dietary management of:

- Disease related malnutrition
 - Patients with constipation or diarrhea
 - Maintenance feeding
 - Ventilated patients
 - Frail elderly
 - Chronic illness
 - Undernourished pre- and post- operative surgical patients

Precautions

Nutrison Multi Fibre is not suitable for the following:

- Patients with Galactosemia
- Use with caution in patients with seafood allergy
- Not suitable for patients requiring a fibre free diet

Contraindications

- Gastrointestinal failure
- Complete intestinal failure
- Major intra-abdominal sepsis

Age restrictions

- Not suitable for infants under 1 year of age
- Use with caution in children aged 1-6 years

Important Notice

- Not for parenteral use



Ordering Information

Nutrison Multi Fibre	Nappi Code	Units per carton
1000ml pack	839817002	8

Directions for Use

- Use at room temperature
- Shake well before use
- Handle aseptically to ensure product remains sterile
- Usage to be determined by a healthcare professional

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours



P4 is a blend of 4 Proteins. This includes the following making up a 100%:

- 35 %Whey Protein,
- 25% Casein Protein,
- 20% Soy and
- 20% Pea Protein.



***MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose, resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre types in a healthy diet.**

1. Protein and amino acid requirements in human nutrition: report of a joint FAO/WHO/UNU expert consultation. 2007; WHO technical report series; no. 935.

**Docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA)

A food for special medical purposes; to be used under strict medical supervision.

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For more information call the
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Nutrison Multi Fibre

Nutrition Information		Per 100ml	Per 1000ml
Energy	Kcal	103	1030
	kJ	430	4300
Protein	g	4 (16%E)	40
Casein	g	1	10
Whey	g	1.4	14
Soy	g	0.8	8
Pea	g	0.8	8
Carbohydrate	g	12.3 (49%E)	123
Sugars	g	0.8	8
as Lactose	g	<0.025	<0.25
Fat	g	3.9 (34%E)	39
Saturates	g	1	10
- of which MCT	g	0.6	6
Monounsaturates	g	2.2	22
Polyunsaturates	g	0.7	7
DHA	mg	14	140
EPA	mg	19.5	195
$\omega 6 / \omega 3$ ratio		2.9:1	2.9:1
Fibre	g	1.5 (3%E)	15
Soluble:Insoluble		55:45	55:45
Water	ml	83	830

Minerals		Per 100ml	Per 1000ml
Sodium	mg	100	1000
	mmol	4.3	43
Potassium	mg	150	1500
	mmol	3.8	38
Calcium	mg	80	800
Phosphorus	mg	72	720
Magnesium	mg	23	230
Chloride	mg	125	1250
Ca:P ratio		1.1:1	1.1:1

Vitamins		Per 100ml	Per 1000ml
Vitamin A	$\mu\text{g RE}$	82	820
Vitamin D ₃	μg	1	10
Vitamin E	mg α -T.E.	1.3	13
Vitamin K	μg	5.3	53
Vitamin C	mg	10	100
Thiamin	mg	0.15	1.5
Riboflavin	mg	0.16	1.6
Niacin	mg NE	1.8	18
Vitamin B6	mg	0.17	1.7
Vitamin B12	μg	0.21	2.1
Folic Acid	μg	27	270
Pantothenic Acid	mg	0.53	5.3
Biotin	μg	4	40

Trace Elements		Per 100ml	Per 1000ml
Iron	mg	1.6	16
Zinc	mg	1.2	12
Manganese	mg	0.33	3.3
Copper	μg	180	1800
Iodine	μg	13	130
Molybdenum	μg	10	100
Selenium	μg	5.7	57
Chromium	μg	6.7	67
Fluoride	mg	0.1	1

Other		Per 100ml	Per 1000ml
Carotenoids	mg	0.2	20
Choline	mg	37	370
Osmolarity	mOsmol/l	250	250
Osmolality	mOsmol/kgH ₂ O	300	300

Ingredients

Nutrison Multi Fibre: Water, maltodextrin, vegetable oils, (sunflower oil, canola oil, MCT oil), dietary fibres (**soy** polysaccharides, resistant starch, inulin, arabic gum, cellulose, oligofructose), whey protein concentrate (from **milk**), sodium caseinate (from **milk**), pea protein isolate, **soy** protein isolate, emulsifier (**soy** lecithin), acidity regulator (citric acid), sodium chloride, **fish** oil, tri calcium phosphate, tri potassium citrate, di potassium hydrogen phosphate, potassium hydroxide, potassium chloride, carotenoids (contains **soy**) (β -carotene, lutein, lycopene), choline chloride, calcium hydroxide, magnesium hydroxide, magnesium hydrogen phosphate, sodium L-ascorbate, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, DL- α tocopheryl acetate, copper gluconate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, pteroylmonoglutamic acid, thiamin hydrochloride, pyridoxine hydrochloride, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, phytomenadione, cyanocobalamin.