

Nutrison Energy

A ready-to-use, nutritionally complete, high energy, enteral tube feed

Features

- High energy (1.5 kcal/ml) & High protein (60 g protein/l)
- P4 Protein blend
- Whey predominant feed
- An improved protein blend in line with WHO 2007 guidelines¹
- Whey protein dominant supporting gastric emptying and tolerance
- Enriched with fish oils providing DHA/EPA*
- 15% MCT added
- Contains medium chain triglycerides (MCT) for easier fat absorption
- Fibre, Lactose and Gluten free
- Enriched with carotenoids reflecting general health recommendations for its antioxidant properties and positive effect on immune function
- Halaal certified

Indications

For the dietary management of:

- Disease related malnutrition
- Critically Ill, burns, oncology, surgery & HIV/AIDS
- Patients with constipation or diarrhea
- Increased energy and protein requirements

Precautions

Nutrison Energy is not suitable for the following:

- Patients with Galactosemia
- Use with caution in patients with seafood allergy

Contraindications

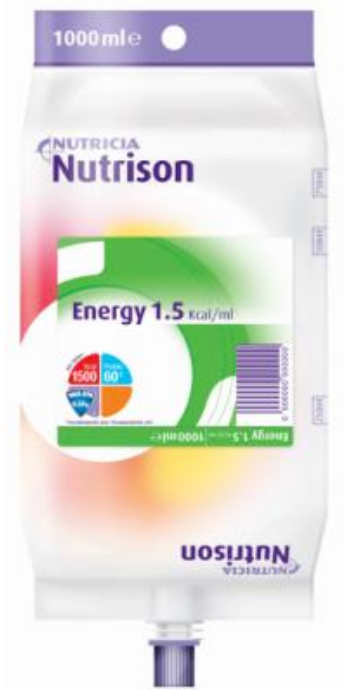
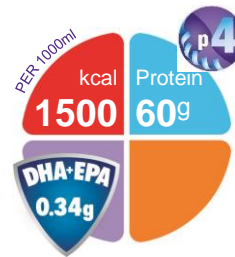
- Gastrointestinal failure
- Complete intestinal failure
- Major intra-abdominal sepsis

Age restrictions

- Not suitable for infants under 1 year of age
- Use with caution in children aged 1-6 years

Important Notice

- Not for parenteral use



Ordering Information

Nutrison Energy	Nappi Code	Units per carton
1000ml pack	803200005	8

Directions for Use

- Use at room temperature
- Shake well before use
- Handle aseptically to ensure product remains sterile
- Usage & amount to be determined by a healthcare professional

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours

1. Protein and amino acid requirements in human nutrition: report of a joint FAO/WHO/UNU expert consultation. 2007; WHO technical report series; no. 935.

*Docosahexanaeic acid (DHA) and eicosapentaenoic acid (EPA)

A food for special medical purposes; to be used under strict medical supervision.

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For more information call the
Nutricia Customer Care Line 087 350 2310



Nutrison Energy

Nutrition Information		Per 100ml	Per 1000ml
Energy	kcal	150	1500
	kJ	630	6300
Protein	g	6 (16%E)	60
	Casein	g	1.5
Whey	g	2.1	21
Soy	g	1.2	12
Pea	g	1.2	12
Carbohydrate	g	18.3 (49%E)	183
	Sugars	g	1.1
as Lactose	g	<0.025	<0.25
Fat	g	5.8 (35%E)	58
	Saturates	g	1.5
- of which MCT	g	0.9	9
Monounsaturates	g	3.2	32
Polyunsaturates	g	1.1	11
DHA	mg	14.3	143
EPA	mg	19.7	197
ω6 / ω3 ratio		3.1:1	3.1:1
Fibre	g	<0.1	<1
Water	ml	78	780

Minerals		Per 100ml	Per 1000ml
Sodium	mg	134	1340
	mmol	5.8	58
Potassium	mg	201	2010
	mmol	5.2	52
Calcium	mg	108	1080
Phosphorus	mg	108	1080
Magnesium	mg	34	340
Chloride	mg	100	1000
Ca:P ratio		1:1	1:1

Ingredients

Nutrison Energy: Water, maltodextrin, vegetable oils (sunflower oil, canola oil, MCT oil), whey protein concentrate (from milk), sodium caseinate (from milk), pea protein isolate, soy protein isolate, emulsifier (soy lecithin), magnesium hydrogen phosphate, tri potassium citrate, tri sodium citrate, calcium carbonate, potassium hydroxide, potassium chloride, fish oil, tri calcium phosphate, carotenoids (contains soy) (β-carotene, lycopene, lutein), choline chloride, sodium chloride, sodium L-ascorbate, ferrous lactate, zinc sulphate, nicotinamide, retinyl acetate, DL-α-tocopheryl acetate, copper gluconate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, pteroylmonoglutamic acid, thiamin hydrochloride, pyridoxine hydrochloride, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, phytomenadione, cyanocobalamin.

Vitamins		Per 100ml	Per 1000ml
Vitamin A	µg-RE	123	1230
Vitamin D	µg	1.5	15
Vitamin E	mg-α-T.E.	1.9	19
Vitamin K	µg	8	80
Vitamin C	mg	15	150
Thiamin	mg	0.23	2.3
Riboflavin	mg	0.24	2.4
Niacin	mg NE	2.7	27
Vitamin B6	mg	0.26	2.6
Vitamin B12	µg	0.32	3.2
Folic Acid	µg	40	400
Pantothenic Acid	mg	0.8	8
Biotin	µg	6	60

Trace Elements		Per 100ml	Per 1000ml
Iron	mg	2.4	24
Zinc	mg	1.8	18
Manganese	mg	0.5	5
Copper	µg	270	2700
Iodine	µg	20	200
Molybdenum	µg	15	150
Selenium	µg	8.6	86
Chromium	µg	10	100
Fluoride	mg	0.15	1.5

Other		Per 100ml	Per 1000ml
Carotenoids	mg	0.3	3
Choline	mg	55	550
Osmolarity	mOsmol/l	360	360
Osmolality	mOsmol/kgH ₂ O	460	460



P4 is a blend of 4 Proteins. This includes the following making up a 100%:

- 35 %Whey Protein,
- 25% Casein Protein,
- 20% Soy and
- 20% Pea Protein.