

# Fantomalt

## A high energy carbohydrate oral supplement

### Features

- 20 kcal per 5 g scoop of powder
- Gluten free, lactose free and low residue for better patient tolerance
- Contains maltodextrin: instant absorption comparable to that of glucose
- Low Osmolarity in a 10% solution to prevent osmotic diarrhoea
- Neutral taste – can be added to sweet or savoury foods or beverages without influencing flavour
- Mixes easily into foods and fluids, hot or cold
- Suitable for use in cooking



### Indications

For the dietary management of:

- Where additional energy is required, such as:
  - Surgery
  - Poor appetite
  - Oncology
  - Burns
  - Trauma
  - Sepsis

### Precautions

Use with caution in patients with diabetes

### Contraindications

- Not for intravenous use

### Age restrictions

- Suitable for infants, children and adults

### Important Notice

- Not suitable as a sole source of nutrition

### Ordering Information

| Fantomalt | Nappi Code | Units per carton |
|-----------|------------|------------------|
| 400g can  | 709477001  | 24               |

### Directions for use

- Add required amount of powder into liquid and/or food and mix well
- Discard prepared unused portions after 24 hours
- Usage to be determined by a healthcare professional

### Storage

- Store in a cool, dry place
- Replace lid firmly after use
- Once opened use contents within 1 month

A food for special medical purposes; must be used under strict medical supervision

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For more information call the  
Nutricia Customer Care Line 087 350 2310



# Fantomalt

| Nutrition Information                   |      | Per 100g | Per 5g scoop* |
|---|------|----------|---------------|
| Energy                                  | kcal | 384      | 19.2          |
|   | kJ   | 1630     | 81.5          |
| Carbohydrate                            | g    | 96       | 4.8           |
| Sugars                                  | g    | 6        | 0.3-          |
| as Glucose                              | g    | 1.5      | 0.07          |
| As Maltose                              | g    | 4.5      | 0.22          |
| Polysaccharides                         | g    | 90.0     | 4.5           |
| Osmolality – mOsmol/kg H <sub>2</sub> O | g    | 104      | -             |
| Osmolarity – mOsmol/l                   | g    | 97       | -             |
| Fibre                                   | g    | 0        | 0             |

\*Scoop size: 5g

| Minerals |    | Per 100g | Per scoop* |
|----------|----|----------|------------|
| Sodium   | mg | 2        | 0.1        |

## Ingredients

**Fantomalt:** Maltodextrin