

Elemental 028 Extra Liquid

A nutritionally complete liquid based on amino acids for use in conditions where there is severe impairment of the GI tract

Features

- 0.86kcal/ml
- 2.5g protein equivalent per 100ml
- Contains essential and non-essential amino acids, carbohydrate, fat, vitamins, minerals and trace elements
- Arginine
- 35% MCT's
- Milk protein Free
- Available in Summer Fruits



Indications

Elemental 028 Extra Liquid is an elemental diet which can provide complete nutritional support or supplementary feeding for the dietary management of conditions where there is severe impairment of the gastrointestinal tract such as:

- Crohn's disease
- Short bowel syndrome
- Intractable malabsorption
- Bowel fistulae
- Radiation enteritis
- Food Allergies
- EE

Precautions

- Must only be used under strict medical supervision
- Not for intravenous use

Contraindications

- Gastrointestinal failure
- Complete intestinal failure
- Major intra-abdominal sepsis

Age restrictions

- Not suitable for use in infants under one year of age
- Not suitable as a sole source of nutrition for children under 5 years of age

Important Notice

- For enteral use only

Ordering Information

Elemental 028 Extra Liquid	Presentation	Nappi Code	Units per carton
Summer Fruits	250ml tetra	709828001	18

Directions for Use

- The quantity of feed should be determined by a clinician or dietitian only and is dependent on the age, bodyweight and medical condition of the patient
- Elemental 028 Extra Liquid is best served as a chilled drink
- Once opened, store in the refrigerator and use within 24 hours

Storage

- Store in a cool, dry place

A food for special medical purposes; must be used under strict medical supervision

Nutricia Southern Africa (PTY) Ltd
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For more information call the
Nutricia Customer Care Line 087 350 2310

 **NUTRICIA**
Advanced Medical Nutrition

Elemental 028 Extra Liquid

Nutrition Information		Per 100ml	Per 250ml
Energy	kcal	86	215
	kJ	360	900
Protein equivalent	g	2.5	6.25
Carbohydrate	g	11	27.5
Sugars	g	4.7	11.8
as Lactose	g	Nil	Nil
Fat	g	3.48	8.7
Saturates	g	1.32	3.3
Monounsaturates	g	1.6	4
Polyunsaturates	g	0.48	1.2
% LCT	%	-	65
% MCT	%	-	35
ω6 / ω3 ratio		3.5:1	
Fibre	g	nil added	nil added

Vitamins		Per 100ml	Per 250ml
Vitamin A	µg RE	40	100
Vitamin D	µg	0.48	1.2
Vitamin E	mg α-TE	1.7	4.3
Vitamin K	µg	5	12.5
Vitamin C	mg	5.7	14.3
Thiamin	mg	0.12	0.3
Riboflavin	mg	0.12	0.3
Niacin	mg	0.84	2.1
Vitamin B6	mg	0.16	0.4
Vitamin B12	µg	0.4	1
Folic Acid	µg	16.7	41.8
Pantothenic Acid	mg	0.4	1
Biotin	µg	3.6	9

Minerals		Per 100ml	Per 250ml
Sodium	mg	61	153
	mmol	2.7	6.8
Potassium	mg	93.2	233
	mmol	2.4	6
Calcium	mg	45	113
Phosphorus	mg	40	100
Magnesium	mg	16.4	41
Chloride	mg	66.8	167
Ca:P ratio		1.13:1	

Trace Elements		Per 100ml	Per 250ml
Iron	mg	0.84	2.1
Zinc	mg	0.84	2.1
Manganese	mg	0.12	0.3
Copper	µg	80	200
Iodine	µg	6.7	16.7
Molybdenum	µg	6.7	16.7
Selenium	µg	3	7.5
Chromium	µg	3	7.5

Other		Per 100ml	Per 250ml
Choline	mg	18.3	45.8
Myo-inositol	mg	1.8	4.5
Osmolality	mOsmol/kg H ₂ O		695
Osmolarity	mOsmol/l		243

Ingredients

Elemental 028 Extra Summer Fruits: water, maltodextrin, sugar, flavouring, fractionated coconut oil, high oleic sunflower oil, canola oil, flavour enhancer (E330, E296), L-lysine L-aspartate, stabilisers (E460i, E466), emulsifier (E472e), (E471), L-leucine, L-arginine, L-phenylalanine, L-proline, dried glucose syrup, L-valine, L-isoleucine, glycine, N-acetyl L-methionine, L-threonine, trisodium citrate, calcium glycerophosphate, L-histidine, L-serine, dipotassium hydrogen phosphate, L-alanine, tripotassium citrate, magnesium acetate, L-tryptophan, calcium chloride, sodium chloride, choline bitartrate, L-ascorbic acid, L-tyrosine, artificial sweetener (acesulfame K), L-cystine, taurine, ferrous sulphate, zinc sulphate, L-carnitine, m-inositol, DL-alpha tocopheryl acetate, nicotinamide, calcium D-pantothenate, manganese sulphate, antioxidant (E307), colours (E160a, E162), copper sulphate, pyridoxine hydrochloride, thiamin mononitrate, riboflavin, vitamin A palmitate, folic acid, sodium molybdate, chromium chloride, potassium iodide, sodium selenite, vitamin K₁, D-biotin, vitamin D₃, cyanocobalamin