

# Fortijuice

100% whey protein-isolate, fat free, fibre free, ready-to-drink, high energy oral supplement

## Features

- 1.5kcal/ml
- Fat free
- Fibre free
- Low mineral content
- User friendly, easy to hold plastic bottle with straw attached and resealable cap
- Available in Forest Fruit and Strawberry
- Halaal certified

## Indications

For the dietary management of:

- Disease related malnutrition
- Dysphagia
- Facial/jaw injuries
- Pancreatitis
- Chylothorax/ Chyle leakage when fat restriction is required
- HIV and Cancer
- Patients with fat malabsorption
- Patients requiring a low fat diet or a low residue diet
- Patients requiring a low electrolyte supplement e.g. renal disease
- Patient's who dislike milky tasting supplements
- Pre-operative feeding of depleted patients
- Pre-operative preparation of patients prior to bowel surgery, endoscopy and other bowel investigations (colon cleansing)

## Precautions

Fortijuice is not suitable for the following:

- Patients with Galactosemia
- Patients with Cow's Milk Allergy
- Intravenous use

## Contraindications

- Gastrointestinal failure
- Complete intestinal failure
- Major intra-abdominal sepsis

## Age restrictions

- Not suitable for children under 3 years of age
- Use with caution in children aged 3-6 years

## Important Notice

- Not suitable as a sole source of nutrition



## Ordering Information

Fortijuice	Presentation	Nappi Code	Units per carton
Forest Fruit	200ml bottle	710722001	24
Strawberry	200ml bottle	710724001	24

## Directions for Use

- Best served chilled
- Shake well before use
- Usage to be determined by a healthcare professional

## Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours

A food for special medical purposes; to be used under strict medical supervision.

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For more information call the  
Nutricia Customer Care Line 087 350 2310

 **NUTRICIA**  
Advanced Medical Nutrition

# Fortijuice

Nutrition Information		Per 100ml	Per serve*
Energy	kcal	150	300
	kJ	635	1270
Protein	g	3.9 (10.5%E)	7.8
Whey	g	3.9	7.8
Carbohydrate	g	33.5 (89.5%E)	67
Sugars	g	13.5	27
as Lactose	g	<0.025	<0.05
Fat	g	0	0
Fibre	g	0	0
Water	ml	76	152

Minerals		Per 100ml	Per serve*
Sodium	mg	10	20
	mmol	0.4	0.8
Potassium	mg	9.0	18.0
	mmol	0.2	0.4
Calcium	mg	30	60
Phosphorus	mg	12	24
Magnesium	mg	2	4
Chloride	mg	178	356
Ca:P ratio		2.5:1	2.5:1

\*Serve size: 200ml

Vitamins		Per 100ml	Per serve*
Vitamin A	µg-RE	188	376
Vitamin D	µg	1.3	2.6
Vitamin E	mg-α-TE	2.3	4.6
Vitamin K	µg	10	20
Vitamin C	mg	19	38
Thiamin	mg	0.29	0.58
Riboflavin	mg	0.32	0.64
Niacin	mg NE	3.4	6.8
Vitamin B6	mg	0.33	0.66
Vitamin B12	µg	0.39	0.78
Folic Acid	µg	50	100
Pantothenic Acid	mg	1	2
Biotin	µg	7.5	15

Trace Elements		Per 100ml	Per serve*
Iron	mg	3	6
Zinc	mg	2.3	4.6
Manganese	mg	0.63	1.26
Copper	µg	340	680
Iodine	µg	25	50
Molybdenum	µg	19	38
Selenium	µg	11	22
Chromium	µg	13	26
Fluoride	mg	0.19	0.38

Other		Per 100ml	Per serve*
Choline	mg	69	138
Osmolality	mOsmol/kg H <sub>2</sub> O	960	960
Osmolarity	mOsmol/l	750	750
RSL			285

## Ingredients

**Fortijuice:** Water, glucose syrup, maltodextrin, milk protein (whey protein isolate), sucrose, flavour (forest fruit, strawberry), acidity regulator (citric acid), choline chloride, calcium chloride, L-ascorbic acid, emulsifier (polysorbate 80), potassium chloride, ferrous lactate, sodium chloride, magnesium chloride, colour (curcumin), colour (caramel E150d), zinc sulphate, DL-α-tocopheryl acetate, nicotinamide, copper gluconate, sodium selenite, manganese sulphate, calcium-D-pantothenate, chromium chloride, pteroylmonoglutamic acid, D-biotin, pyridoxine hydrochloride, thiamin hydrochloride, retinyl palmitate, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, cholecalciferol, phytomenadione, cyanocobalamin.